TEACHERS' READING COURSE.

Conducted by MISS ADA V. WOMBLE, Raleigh, N. C., to whom all correspondence regarding the Course should be addressed.

Some Historical Reference Books.

In studying the life of Columbus and the period of the discovery of America, the following are among a number of books that will be found helpful:

The Old South Meeting House leaflets, rublished in Boston at five cents a copy, or three dollars a hundred-No. 29, Discovery of America from the life of Columbus by his son Ferdinand; No. 30, Strabo's Introduction to Geography; No. 31, The Voyages to Vinland from the Saga of Eric the Red; No. 32, Marco Polo's Account of Japan and Java; No. 33, Columbus' Letter to Gabriel Sanchez, describing the First Voyage and the Discovery; No. 34, Americus Vespucius' Account of His First Voyage.

Among the longer biographies of Columbus are the following:

Story of Columbus, by Elizabeth Seelye; published by D. Appleton & Co., New York. Price, \$1.75.

Christopher Columbus and the Discovery of the New World, by Charles Kendall Adams; published by Dodd, Mead & Co., New York. Price, \$1.00.

The True Story of Columbus, by Eldridge S. Brooks; published by Lothrop, Lee & Shepard, Boston. Price, 75 cents.

This is a special price to members of the Reading Course, and the postage is additional.

The Discovery of America (two by Houghton, Mifflin & Co., New York. Price, \$3.40.

Life of Columbus, by Jutsin Winsor; published by Houghton, Mifflin & Co., New York. Price, \$3.40.

The histories which I mention below discuss at some length the period of exploration; they are particularly valuable, also, because they append to each chapter very full and definite references to other works on the subject:

History of the United States for Schools (573 pages), by John Fiske. Price, \$1.00.

History of the United States for Secondary Schools (690 pages), by J. N. Larned. Price, \$1.40.

(Both are published by Houghton, Mifflin & Co., New York.)

Young Folks' History of the United States, by Thomas W. Higginson; Longmans, Green & Co., New York. Price, \$1.00.

Young Folks' Books of American Explorers, by Thos. W. Higginson; Longmans, Green & Co. Price, \$1.20.

This work may be had, also, in eight parts, each complete in itself. Price, in paper covers, each part, 15 cents.

The following books are suited to younger readers and students:

Gilman's Historical Readers, Book I.—The Discovery and Exploration of America; Lathrop, Lee & Shepard. Price, 40 cents.

of American History, by J. Jacobs; D. Appleton & C. Price, \$1.50.

Story of Geographical Discovery, by J. Jacobs; D. Appleton & Co. Price, 35 cents.

The Educational Publishing Company, New York and Atlanta, publishes the following works on this subject, suitable to young students in history:

American History Stories (vol. 1), by Mara L. Pratt: boards, 36 cents: cloth, 50 cents.

Pratt's Story of Columbus; boards, 36 cents.

Macomber's Stories of Great Men; boards, 30 cents; cloth, 40 cents.

In the five-cent classics published by the same comapny, there is a story of Columbus graded for the third year. It can be read by very young children.

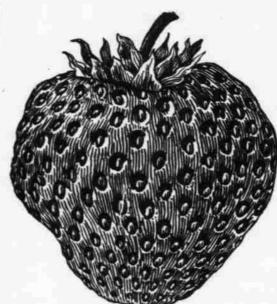
Maynard, Merrill & Co., New York City, publish "Stories from American History" which contains thirty-two pages on the subject of Columbus.

If you write for any of these books, be sure to mention your membership in the Teacher's Reading Course. When no special price is given in the list, do not forget to ask for the discount usually given teachers.

The Country Girl's Cosmetics.

The girl living on a farm has so many materials at hand with which to make acceptable gifts to city friends and not the least of these are the ingredients for harmless but helpful cosmetics. And by the way, did you know that word cosmetic was derived from a Greek term signifying skilled in the art of decoration or ornament? From the first. rhubarb sprouts and lettuce leaves on volumes), by John Fiske; published through spinach (for coloring creams and lotions), strawberries, cucumbers, watermelons and quince, with honey and milk and nuts, the girl on the farm has the best and purest materials to choose from and work with. An expensive Italian cream is made from the ground green seeds of cucumbers, melons and pumpkins made into flour which is slightly perfumed and made into paste with sweet cream.

The basis of nearly all washes for chapped hands is quince seeds, so one, can make their own at slight expense by adding extract of witchhazel to the emulsion. With care the girl living on a farm should have the proverbial rose leaf or peaches and cream complexion until she is at least seventy-five years of age. The juice of cucumber enters largely into the preparation of many face creams and watermelon juice is a famous Southern face wash. Tomato juice is fine for an oily, greasy skin, and the acid of strawberries rivals that of lemons as a bleaching agent. The basis of the most satisfactory cream is clarified mutton tallow which made creamy with almond oil, sweet with your favorite perfume and colored with the juicies of lettuce, spinach, rose petals or currants will give both beauty and pleasure to the recipient. Dry out mutton suet in a double boiler just as lard is rendered, and when it is cold use the top portion, melting it in a bowl set in hot water, strain through a hair sieve, then through cheesecloth and beat in the almond oil or other ingredients while still creamy. The addition of one dram of tincture of benzoin, or one-half a dram of salicylic acid, will prevent the emulsion from becoming rancid.-Eighme Aunt Charlotte (Yonge's) Stories Leigh, in The Pilgrim for October.



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